



FAMILIES ANONYMOUS

YOU ARE NO LONGER ALONE



HELP AND HOPE FOR FAMILIES AFFECTED BY SOMEONE ELSE'S DRUG USE

WHAT IS FAMILIES ANONYMOUS?

FA is a self-help fellowship of relatives and friends concerned about the use of mind-altering substances by a loved one.

We share our experience, strength and hope to help one another—because we believe that together we can find solutions and bring change.

OUR 3 Cs



COURAGE
to face the
problem



CONFIDENCE
in ourselves
and our group



COMPANIONSHIP
with others who
understand



ONLINE

OR



FACE TO FACE

FA meetings are available
ONLINE or FACE TO FACE
Find a meeting that works
for you.

You are welcome here.



YOU ARE NO LONGER ALONE

There is help. There is hope.
And you don't have to face it alone.

*Hope
Changes
Everything*

Insert your local meeting details here
(day, time, venue, contact number)



HELPLINE

0207 4984 680

Open 1pm – 4pm & 6pm – 9pm
Monday to Sunday



WEBSITE

www.famanon.org.uk

ANONYMOUS • NON-JUDGEMENTAL • FREE • SELF-SUPPORTING